



June 8th – August 14th – 10 Weeks
Summer Dance 2009

NOTE: All classes are held at the West location – unless otherwise specified! For complete class descriptions, and appropriate dance attire, please check our website, www.suncountrysports.com.

DANCE TOTS (ages 2.5 - 3.11)

Monday 5:30-6:15 pm - *Millhopper*
Tuesday 5:30-6:15 pm
Wednesday 9:45-10:30am
Wednesday 3:15-4:00 pm

PREBALLET (ages 4-5)

Monday 3:30-4:15 pm
Monday 6:15-7:00 pm - *Millhopper*
Tuesday 6:15-7:00 pm
Wednesday 10:30-11:15am

BOUNDING BOYS (Boy's Only! Ages 4-6)

Tuesday 4:00-4:45 pm

ATHLETIC BOYS DANCE (Boys Only! Ages 7-11)

Wednesday 4:30-5:30 pm

BALLET I/II (ages 6&up)

Thursday 3:30-4:30 pm

BALLET II/III Mini-Workshop

(approx. 3rd yr & up, ages 8 & up, or by teacher recommendation)

Tuesday 4:00-5:30 pm

INT. BALLET I/II INTENSIVE

(2 days per week – 3 classes)

(approx. 4th/5th year, ages 10& up, or by teacher recommendation)

Mon. 4:15-5:45pm/Wed. 4:00-5:30pm
AND Wednesday 5:35-7:00pm

INT. BALLET II INTENSIVE with BEGINNING POINTE

(2 days per week – 4 classes)

(approx. 5th/6th year, ages 11& up,
or by teacher recommendation)

Mon. 4:15-5:45pm/Wed. 4:00-5:30pm
AND Monday 5:45-6:25 pm (Beg. Pointe Class)
AND Wednesday 5:35-7:00pm

ADVANCED BALLET INTENSIVE (3 days/week)

(Int/Adv students, ages 14 & up, or
by audition/teacher recommendation)

Tuesday 5:00-6:30 pm
Wednesday 5:30-7:00 pm
Thursday 5:00-7:00 pm

BEG. TAP/JAZZ I/II (ages 6 & up)

Thursday 4:35-5:35 pm

JAZZ/HIP-HOP I/II (ages 9-12)

Monday 4:30-5:30 pm

TEEN HIP-HOP (ages 13&up)

Monday 6:45-8:15 pm

INT. JAZZ I (approx. 4th yr & up, ages 10-13)

Monday 6:30-7:45 pm

ADVANCED JAZZ

(Ages 14 & up, previous extensive dance training required!)

Tuesday 6:35-8:05 pm

CLASS CARD

MODERN I (ages 11 & up)

Thursday 5:45-6:45 pm

MODERN II/III

(Ages 11 & up, previous modern training or current Int. level ballet required!)

Wednesday 5:35-7:00 pm

ADVANCED MODERN INTENSIVE (2 days)

Wednesday & Thursday - 7:05-8:35 pm

ADULT BALLET II

Monday 7:45-9:00 pm

CLASS CARD

During the summer, some classes will have combined levels. Many dancers respond to the challenge of being in a class with dancers who are more proficient by pushing themselves to work harder, thus experiencing a real breakthrough in their dance training and ability. This policy is also extremely helpful to the faculty, when determining the dancer's appropriate level placement in the Fall.

BALLET II/III Mini-Workshop - (app. 3rd yr & up, ages 8 & up, or by teacher recommendation) – This class is designed for students who have completed 1 to 2 years of ballet training, and are inspired to continue their dance training during the summer. In addition to ballet technique, this fun class will also introduce other dance related subjects, such as pantomime, ballet videos & MORE!!

INT. BALLET INTENSIVES - Int. Ballet Intensives are for students that have completed 3 or more years of ballet training, by teacher recommendation only. Classes are held 2 days per week, with 3 classes included - dancers are required to attend ALL classes. Focus is on providing intensive training to develop dance technique in both ballet and modern, while strengthening and improving the dancer's body placement, flexibility, & overall technique. Additional dance-related subjects will also be explored. Students at this level are **required** to attend these summer classes in order to continue and/or progress into appropriate levels in the Fall. They are also **required** to attend the Intermediate Dance Camp Intensive.

BEGINNING POINTE - Placement in pointe class is at the discretion of the Director. Pointe work is not a consideration until students are at least 11-12 years of age and have had sufficient ballet training to strengthen their feet, ankles, legs, hips, & upper body, & must display significant strength & understanding of both ballet technique & body placement. Students must also be concurrently enrolled in a minimum of 2 intermediate level ballet classes/week. Emotional maturity is also considered before placing a student en pointe. Pointe work is hard & beginning pointe classes will be more demanding on the body and feet. Dedication on the part of the dancer to attend class, as well as the support of the dancer's family, is very important toward the success of dancing en pointe. Choosing to dance on pointe is a decision that should be taken seriously. (The Director will make an appointment for pointe shoe fittings at the local dance store. Details to be distributed.)

ADVANCED BALLET INTENSIVE - Intensive study in classical ballet technique & pointe work, & specialty classes (variations, repertoire, turns/leaps, conditioning/stretching, etc). Classes are held 3 days per week, & dancers are required to attend all days. Students at this level are **required** to continue their ballet training during the summer, in order to continue at this level in the Fall. They are also **required** to attend the Advanced Dance Camp Intensive, with Guest Teacher Estefania Garcia. (Ms. Garcia is currently in the master's degree program at NYU's Steinhardt School of Culture, Education, and Human Development. Her degree, officially called "Teaching Dance in Higher Education and the Professions: ABT Ballet Pedagogy", certifies her to teach the official American Ballet Theatre curriculum. She will also be teaching both intermediate and advanced level ballet classes in July and August.)

MODERN DANCE - Beginning through advanced levels are offered. Classes will focus on an eclectic blend of different styles of modern dance technique. Modern dance itself was first created as a rebellion against ballet and later became a fusion of new expressive ways of moving incorporating technical dance forms. Classes will incorporate technique with a more athletic style of movement including contrace & release, fall & recovery, prances, the fun of improvisation, history of Modern Dance & more! Expression and exploration are key elements that will be included.

# of Total Hours / Week	Summer Pricing
.75 - 1.00	\$125.50
1.25	\$146
1.5	\$167
2	\$226
2.25	\$246.50
2.5	\$255
2.75	\$275
3	\$293.50
3.5	\$327.25
4.5	\$405
5	\$450
5.25	\$472.50
5.75	\$517.50
6	\$540
6.5	\$585
6.75	\$607.50
8	\$720
9.5	\$855

BOYS ONLY! DANCE CLASSES - Classes just for boys – No Girls Allowed!! **"Bounding Boys"** (ages 4-6) offers a creative, athletic experience while developing coordination, dance & motor skills, and rhythm through movement & music. **"Athletic Boys Dance"** (ages 7-11) offers a unique curriculum of dance training structured to develop strength, flexibility, and coordination along with the discipline, confidence, focus and drive that professional male dancers and athletes have. A variety of dance disciplines will be explored, including hip-hop, jazz, modern, ballet, tap, and African.

In Addition to our 10 week summer program, we are also very excited to offer the following specialty Dance Camps

- Intermediate Dance Camp Intensive – June 8 – 12
- Princess Ballerina Camp (ages 4-7) – June 15 – 19 and August 3-7
- Boys Get Movin' Camp (ages 6-12) – June 22 – 26
- Prima Ballerina Camp (ages 8+) – July 6-10
- Int/Advanced Dance Camp Intensive – July 20-24
(with Guest teacher Estefania Garcia)
- Dance Mania Camp (ages 6-11) – July 27 - 31